

WR



Exam Issue

Student File

Glossary

Bold: English–Dutch–English, non-bold: English–Dutch.

The five-second rule ★★(★)

page 3

Is this the critical threshold that separates an edible crumb from a case of food poisoning?	crumb	(brood)kruimel
If food spends just a few seconds on the floor, dirt and germs won't contaminate it.	germ	bacterie
Bacteria are carried by various 'media', which can include raw food and moist surfaces.	moist	vochtig
The odds are in your favour that you can eat that morsel and not get sick.	the odds are in your favour	er bestaat een grote kans
The 'five-second rule' might not seem like the most pressing issue for food scientists.	pressing issue	dringende kwestie
Ten cells of an especially virulent strain of <i>E. coli</i> can cause severe illness.	severe	ernstig, hevig
Is this the critical threshold that separates an edible crumb from a case of food poisoning?	threshold	drempel
To find out, we inoculated squares of tile , carpet, or wood with salmonella.	tile	tegel
The best thing to do is to keep your hands, utensils , and other surfaces clean.	utensil	keukengerei (pot, pan etc.)
Also, certain types of bacteria are extremely virulent .	virulent	schadelijk
If food spends just a few seconds on the floor, dirt and germs won't have much chance to contaminate it.	to contaminate	bederven, besmetten
This urban food myth contends that if food spends five seconds on the floor, dirt and germs won't contaminate it.	to contend	beweren, verzekeren
To find out, we inoculated squares of tile, carpet, or wood with salmonella.	to inoculate	besmetten
They published the only peer-reviewed journal paper on this topic, in the <i>Journal of Applied Microbiology</i> .	peer-reviewed	beoordeeld door andere wetenschappers

History's big questions ★★★(★)

pages 4-5

The German parliament building in Berlin was burnt out in an arson attack.	arson	brandstichting
There was circumstantial evidence that implicated Marinus van der Lubbe.	circumstantial evidence	indirect bewijs
The Nazis exploited the event as an attempted revolt and clamped down on the political left.	to clamp down on	de kop indrukken
In 320 BC he made an epic journey to the north-western extremity of Europe.	extremity	uithoek, uiteinde
The one who sparked the greatest amount of gossip was Robert Dudley.	gossip	kletspraat, roddel
A young man arrived claiming to be their illegitimate son.	illegitimate	buitenechtelijk
History is Galileo first glimpsing Jupiter's moons, Edward II's lavish parties, etc.	lavish	overvloedig, luxueus
The suspicion remains that he was just a ' patsy ', someone who was forced to do the dirty work.	patsy	de dupe, slachtoffer
I love history because it's an infinite reservoir of stories, examples, warnings, rebukes , and inspiration.	rebuke	verwijt
The circumstantial evidence that implicated him is hard to refute .	to refute	weerleggen
Their relationship, which grew more ardent in adulthood, would endure for almost half a century.	ardent	hartstochtelijk
This was the source of endless speculation among her courtiers .	courtier	hovel(e)
The flappers at dances were women sampling freedom.	flapper	vrijgevochten jonge vrouw (uit de jaren 20)

After the Wall Street Crash, all was to collapse into poverty and recrimination .	<i>recrimination</i>	beschuldigingen over en weer
It's a salutary reminder of how we forgot – and created a bubble all over again before 2008.	<i>salutary</i>	adequaat
He was able to judge the distance he had travelled north by reference to the sun's height at midday on the solstice .	<i>solstice</i>	hoogste punt van de zon

Exclusive democracy ★★★(★)

pages 6-7

These people are barred from participating in the democracy that imprisoned them.	<i>to bar from</i>	(iemand) uitsluiten
Being branded as a convicted felon has disconnected me from some important things.	<i>to brand</i>	brandmerken
It is the Fourteenth Amendment of the United States Constitution .	<i>Constitution</i>	Grondwet
If you are convicted of a felony, you will lose the right to vote.	<i>to convict of</i>	veroordelen wegens
One in every 40 US adults is unable to vote because of a felony conviction.	<i>felony</i>	(ernstig) misdrijf
More than six million Americans of voting age are ineligible to vote .	<i>ineligible to vote</i>	niet stemgerechtigd
Since the 1980s, the number of inmates in the US has risen dramatically.	<i>inmate</i>	gevangene, gedetineerde
Fourteen states allow those who are on probation and parole to vote.	<i>parole</i>	voorwaardelijke vrijlating
Ex-felons face a lot of other issues that take precedence over voting rights.	<i>precedence</i>	prioriteit, voorrang
Fourteen states allow those who are on probation and parole to vote.	<i>probation</i>	proeftijd
Donald Trump spoke out against reforms in a campaign rally in Rhode Island.	<i>rally</i>	bijeenkomst
The US has the largest prison population per capita in the world.	<i>per capita</i>	per hoofd (van de bevolking)
After our Civil War in the 1860s, the white power structure began searching for new ways to disenfranchise black voters.	<i>Civil War</i>	Burgeroorlog
These people are disenfranchised – barred from participating in the democracy.	<i>to disenfranchise</i>	het kiesrecht ontnemen
They're giving people that have been convicted of heinous crimes the right to vote.	<i>heinous</i>	gruwelijk
I believe there is an ulterior motive to disenfranchising certain groups of people.	<i>ulterior motive</i>	heimelijk motief, bijbedoeling

Advertisements ★★(★)

pages 8-9

The career opportunities are great after completing the apprenticeship .	<i>apprenticeship</i>	leertijd, stage
There are many benefits available to you on this programme.	<i>benefit</i>	voordeel
With a buzzing cocktail bar and kitchen led by Robbin Holmgren.	<i>buzzing</i>	bedrijvig, druk
Jamie Oliver's Fifteen is a non-profit restaurant and charity in Islington.	<i>charity</i>	liefdadigheidsinstelling
What we offer in return: competitive pay and company discounts.	<i>competitive</i>	concurrerend
If you are the person we are looking for, do not hesitate to contact us.	<i>to hesitate</i>	aarzelen
The benefits available include: the opportunity to obtain training.	<i>to obtain</i>	(ver)krijgen
Job opportunities are available with clients across London.	<i>opportunity</i>	kans, gelegenheid
No experience or previous qualifications are necessary.	<i>previous</i>	vorig, eerder
We cook elegant, rustic , honest food that flicks your senses.	<i>rustic</i>	simpel, niet verfijnd
The ideal candidate has positivity and flexibility in bucketloads .	<i>in bucketloads</i>	in grote hoeveelheden
Training includes: identifying, reporting and testing for bugs .	<i>bug</i>	computervirus, fout
We cook elegant, rustic, honest food that flicks your senses.	<i>to flick</i>	beroeren

The walls in our heads ★★★(★)

pages 10-11

Wall-building was replaced by the free movement of ideas, exemplified by the emerging World Wide Web.	<i>to exemplify</i>	illustreeren
Trump was asked about the feasibility of his wall.	<i>feasibility</i>	uitvoerbaarheid
The added security hampered the return trips.	<i>to hamper</i>	belemmeren
Walls are illusory projections of the power lost to ungovernable forces.	<i>illusory</i>	denkbeeldig
President Trump has insistently offered the American voters his most ambitious mega-development.	<i>insistently</i>	voortdurend
The word 'border' seems insubstantial , but a solid wall conveys protection.	<i>insubstantial</i>	krachteloos, zwak
Then they become roadblocks to reconciliation , to be immediately demolished.	<i>reconciliation</i>	verzoening
Rather than resurgent expressions of nation-state sovereignty, new walls are icons of its erosion.	<i>resurgent</i>	herlevend

The effect was more pronounced if a subject negatively assessed Germany's reunification .	<i>reunification</i>	hereniging
The empire's walls were scorned or ignored within China for much of its history.	<i>to scorn</i>	minachten
As if lifted from a real estate brochure, the adjectives soothe and seduce .	<i>to seduce</i>	verleiden
In <i>Game of Thrones</i> , the 200m-high wall of ice is protected by sorcery .	<i>sorcery</i>	toverkunst
The more the prevention-through-deterrence paradigm has become strained by proof of its inefficacy , the more layers of triple fencing.	<i>inefficacy</i>	onwerkbaarheid
Building a wall seems more feasible than doing something about economic inequity .	<i>inequity</i>	onrechtvaardigheid
Reality exists, but so does the system of metaphorical thought that we use to understand reality.	<i>metaphorical</i>	figuurlijk, in beeldspraak
The razor wire -backed fence was erected by Hungary toward Serbia and Croatia.	<i>razor wire</i>	prikkeldraad (met scheermesjes)
The sturdy , 4m-high razor wire-backed fence was erected by Hungary to stop migrants.	<i>sturdy</i>	stevig, robuust

Advertisements ★★★(★)

pages 12-13

Essential skills and qualities: confident on the phone.	<i>confident</i>	zelfverzekerd
To apply for this position please email a CV and covering letter.	<i>covering</i>	begeleidende
Drop us a line and you will be invited in for a 3-hour work trial.	<i>to drop a line</i>	een brief(je) schrijven
A platform that empowers people to build their own online farmer's market.	<i>to empower</i>	in staat stellen
Producers get a fair price for their products.	<i>fair</i>	eerlijk
Rewards: paid fortnightly starting between £6.00 and £7.50 per hour.	<i>fortnightly</i>	tweewekelijks
This is an exciting role with the chance to make a genuine impact.	<i>genuine</i>	echt, daadwerkelijk
We are looking for an intern to assist with the recruitment and training.	<i>intern</i>	stagiair
Customers get access to excellent locally sourced products.	<i>locally sourced</i>	regionaal
Please note that this is a seasonal position which will end at the end of March.	<i>seasonal</i>	seizoen(s)
We are looking for an intern to assist with the recruitment and training.	<i>recruitment</i>	werving
We are looking to recruit an individual who has previous retail experience.	<i>retail</i>	detailhandel
We value these character traits as much as credentials.	<i>trait</i>	trek(je)
What we are offering: a collaborative environment.	<i>collaborative</i>	hier: gericht op samenwerking
We value these character traits as much as credentials .	<i>credential</i>	diploma, getuigschrift

Go see the dogtor ★★

pages 14-15

So what does canine companionship really offer?	<i>canine</i>	hond(achtig)
Dogs are widely promoted as a cure-all for all kinds of ills.	<i>cure-all</i>	wondermiddel
There are certain drawbacks to bringing dogs to work.	<i>drawback</i>	nadeel, bezwaar
The focus shifted to the known benefits of taking regular moderate exercise.	<i>moderate</i>	matig
A dog's capacity to bring people together accounts for the benefits that dogs bring to nursing homes .	<i>nursing home</i>	verpleeghuis
In the UK, 24 per cent of households own a pet pooch .	<i>pooch</i>	hond, keffertje
Owning an animal can be stressful, particularly if it is prone to illness.	<i>prone to</i>	vatbaar voor
Reading aloud to a stranger seems pretty tame compared to the sheer terror of an exam.	<i>sheer</i>	absoluut
Stressed students clearly value the calming sensation of stroking a dog.	<i>to stroke</i>	aaien
Over half of people who take out a gym subscription in January have stopped going by April.	<i>subscription</i>	abonnement
Long-term stress is a trigger for heart disease.	<i>trigger</i>	veroorzaker
The relaxing effect of contact with dogs might benefit cardiovascular health.	<i>cardiovascular</i>	m.b.t. hart- en bloedvaten
At Bristol University, the 600 slots for animal visitation programmes quickly filled up.	<i>slot</i>	plekje (in programma)
Dogs: the universal stress-buster .	<i>stress-buster</i>	bestrijder van stress

Sleepy, teens? ★★(★)

pages 16-17

They must compete with a growing number of peers for college slots.	to compete with	concurreren met
The loss was cumulative , accounting for what is now commonly known as sleep debt.	cumulative	stapsgewijs toenemend
Sleep deprivation increases the likelihood teens will suffer from an inability to concentrate.	deprivation	gebrek
They not only lose precious hours of rest, but their natural rhythm is disrupted .	to disrupt	verstoren
There are plenty of online distractions .	distraction	afleiding
It's become the basis for an ongoing campaign against drowsy driving.	drowsy	slaperig
With academic demands and extracurricular activities, the kids are going non-stop.	extracurricular	buitenschools
Adolescents do better in terms of fatigue levels if bedtime is set.	fatigue	vermoeidheid
Many are jolted out of bed before they are physically or mentally ready.	to jolt out of bed	wakker schudden
Today's teens are maturing in an era of ever-present electronic media.	to mature	volwassen worden
There is not an emphasis on the importance of sleep, as there is with nutrition .	nutrition	voeding
Teens have access to multiple electronic devices they use simultaneously .	simultaneous	gelijktijdig
Adolescents are entering a period in which they are striving for autonomy.	to strive for	streven naar
More than half reported texting in the hour before they went to sleep.	to text	bericht sturen
She just sits at her desk and cries, overwhelmed by unrelenting school demands.	unrelenting	meedogenloos
The advent of technology prevents teens from getting enough rest.	advent	(op)komst
More assignments in physics, calculus , or French await her.	calculus	wiskunde (differentiaal- en integraalrekening)
A message is sent to the portion of the brain that controls the body's circadian clock .	circadian clock	dag-nachtritme
The problem is exacerbated when teens are exposed late at night to lit screens.	to exacerbate	verergeren
They are being robbed of the dream-rich stage of sleep, said paediatric specialist Rafael Pelayo.	paediatrics	kindergeneeskunde
In a seminal study, Dement and Carskadon made a number of key observations.	seminal	baanbrekend

Mind over matter ★★★

pages 18-20

He believed he had surgery to alleviate Parkinson's symptoms.	to alleviate	verlichten, verminderen
Naloxone is a drug that cancels out the ameliorating effect of opioids.	to ameliorate	verbeteren
Recall Pavlov's dog, which drooled every time it heard a bell.	to drool	kwijlen
There are hundreds of alternative medical treatments: homeopathy, acupuncture, cow dung tablets etc.	dung	mest
There are hundreds of alternative medical treatments – all with varying levels of proven efficacy .	efficacy	werkzaamheid
Belief is natural; it comes partly from the way our minds are hardwired .	to hardwire	programmeren
He was determined to complete his first pilgrimage from Regensburg to Altötting.	pilgrimage	bedevaart
How does a belief become so potent it can heal?	potent	krachtig
The placebo pills had been shown, in rigorous clinical testing, to induce self-healing processes.	rigorous	zorgvuldig
He'd received a sham surgery, yet he did feel significant relief.	sham	schijn-, nep
Normal pain sensations travel in a split second up through the spine .	spine	ruggengraat
When story and imagination sync , the results can be astounding.	to sync	synchroniseren, samenvallen
Mödl has a wiry frame that looks as if it could survive a charging rhinoceros.	wiry	taai, pezig
It was an experiment with patients who had just had their wisdom teeth pulled.	wisdom tooth	verstandskies
When he experienced improvement, it wasn't just because of the divots he could feel in his head.	divot	gaatje
Thousands of believers trek each year to behold an enshrined wood statue.	to enshrine	verborgen in een kist
Placebos in brand-name containers work better than those labelled generics .	generics	merkloos
There are hundreds of alternative medical treatments that harness our expectations.	to harness	op de proef stellen
After 21 days of taking a placebo, people with irritable bowel syndrome felt markedly better.	irritable bowel	prikkelbare darm
Placebo suppositories work better in France, while the English prefer to swallow their placebos.	suppository	zetpil

Wielding power ★★★★★

pages 21-23

They were asked to fill out an abbreviated version of the PPI-R test. Individuals will constantly dial these traits up or down in search of the most effective alignment .	to abbreviate alignment	verkorten groepering, instelling
Researchers conducted interviews with a number of British politicians and TV anchors . Research shows that some of the component traits of psychopathy can help leaders succeed.	anchor component	presentator, talkshowhost samengesteld
Some of these dials are always cranked up a little higher than average. These are potentially toxic combinations – mixes that derail the people who possess them.	to crank up to derail	aanzwengelen ontsporen
The numbers in parentheses indicate position on the two lists. Impulsivity dials were associated with indicators of an insalubrious interpersonal style. They need to juggle many crises, ranging from the threats posed by rogue nations to those caused by natural disasters.	in parentheses insalubrious rogue nation	tussen haakjes ongezond schurkenstaat
A charming, persuasive, self-confident individual who can be ruthless when necessary. This psychometric test uses 56 questions to quantify a person's psychopathic personality traits .	ruthless trait	meedogenloos karaktertrek
A now defunct magazine called Fact polled clinicians. Researchers can conduct fine-grained analyses of these different components. Hallmark traits of psychopathy consist of a hodgepodge of knobs and sliders. If one of the all-time greats scores high on the psychopathic spectrum, might not many lesser luminaries lie there as well?	defunct fine-grained hodgepodge luminary	niet meer bestaand verfijnd mengelmoes uitbinker
Traits of Self-Centred Impulsivity are Machiavellian Self-Interest, Rebellious Non-Conformity, and Blame Externalisation. If you could twiddle these controls in various combinations, you would soon arrive at two conclusions.	Machiavellian to twiddle	verwijst naar Machiavelli: listig draaien